

## Salads \$8.50 each

All salads come with your choice of an Iceberg & Romaine mixture or Mixed Field Greens.

**Fried Avocado Salad**~Your choice of greens, topped with battered and fried avocado slices, watermelon radish pico de gallo, and crispy tortilla strips. Your choice of dressing served on the side.

**Taco Salad**~Crispy flour tortilla shell topped with a bed of lettuce, your choice of Grilled Filling, veggie chili, pickled jalapeños, diced tomatoes, and jack & cheddar cheese. Southwestern or Avocado Ranch on the side.

**Crunchy Fried Salad**~Lettuce, diced tomatoes, red onions, cucumbers, carrots, and your choice of Fried Filling. Topped with jack & cheddar cheese and tri-colored tortilla strips. Choice of dressing on the side.

**Thai Peanut Salad**~Lettuce, roasted red peppers, red onions, carrots, jack & cheddar cheese, and your choice of Grilled Filling topped with tri-colored tortilla strips. Thai Peanut sauce on the side.

**Big Fat Greek Salad**~Lettuce, black olives, banana peppers, diced tomatoes, red onions, and your choice of Grilled Filling topped with crumbled feta cheese. Greek Balsamic dressing on the side.

**Jamaican Jerk Salad**~Lettuce, roasted red peppers, dried banana chips, grilled pineapple, and your choice of Jerk Chicken or Jerk Tofu, topped with jack & cheddar cheese. Pineapple Jalapeño salsa on the side.

### House-Made Dressings:

Southwestern Ranch, Chipotle Honey Mustard, Greek Balsamic, Avocado Ranch, Sun-Dried Tomato

## Sweets 'n' Desserts

**Bananas Elvis**~\$6.50 A banana, peanut butter and chocolate chips rolled in a flour tortilla then deep fried 'til crispy. Served with vanilla Ice Cream and chocolate syrup.

**Ask about fresh, locally baked desserts from Sweets Bakery & Confectionary!**

## Beverages

Soft Drinks & Iced Tea~\$1.99~Free refills!

IBC Root Beer & FAB bottled water \$1.99 each.

Cold bottles & draft beer by the pitcher or pint.

## Please Also Visit...

Flaming Amys Burrito Barn  
140-A North Lake Park Blvd., Carolina Beach, NC  
(910) 458-2563

[www.flamingamysburritobarn.com](http://www.flamingamysburritobarn.com)

and



*(Build your own, all you can eat stir fry)*

### Flaming Amy's Bowl

4418 Shipyard Blvd. Wilmington, NC  
(910) 399-7288

### Flaming Amy's Bowl

3224-A North College Rd. Wilmington, NC  
(910) 769-9249

[www.flamingamysbowl.com](http://www.flamingamysbowl.com)

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LOCALLY OWNED & OPERATED  
SMALL BUSINESSES!**



## Hot, Fast, Cheap & Easy!

4002 Oleander Dr.  
Wilmington, NC  
(910) 799-2919

Open seven days a week  
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*Almost everyday of the year!*

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Call ahead for carry out!

A children's menu and limited  
catering menu available.

[www.flamingamysburritobarn.com](http://www.flamingamysburritobarn.com)

## **Chips 'n' Dips**

### **Chips 'n' Salsa Bar~\$3.25**

Enjoy a bottomless basket of yellow corn tortilla chips with your meal and visit our one of kind salsa bar with all 9 of our famous fresh salsas!

*Traditional Tomato, Black Bean & Corn, Flaming Hot, Asian Cucumber, Wasabi Avocado, Green Tomatillo, Chipotle Tomatillo, Ginger Peach, & Pineapple Jalapeño.*

### **Chips 'n' Queso Dip~ 3oz \$2.25/8oz \$5.25**

### **Chips 'n' Spicy Black Bean Queso Dip~\$5.25**

### **Chips & New Improved Guacamole!~\$5.50**

We went back to basics and stripped our guac down for a cleaner, fresher taste. Just avocado, kosher salt, lime juice, diced red onions and fresh cilantro!

## **Nacho Platters**

**Nacho Daddy~\$8.25** Yellow corn tortilla chips topped with melted Jack & Cheddar, sliced pickled jalapeños, veggie chili OR beans, shredded lettuce, Traditional Tomato salsa, and a side of sour cream.

**Nacho Carnivore~\$8.25** Yellow corn tortilla chips topped with melted Jack & Cheddar, seasoned ground beef, red onions, diced tomatoes, and a side of sour cream.

**Thai Nachos~\$9.25** Yellow corn tortilla chips topped with melted Jack & Cheddar, diced red onions, roasted red peppers, shredded carrots, your choice of Grilled Chicken or Tofu, and our spicy Thai Peanut sauce.

**BBQ Chicken Nachos~\$9.25** Yellow corn tortilla chips topped with melted Jack & Cheddar, red onions, diced tomatoes, bacon, Grilled Chicken, and our spicy Chipotle BBQ sauce.

## **Soft Tacos**

**Avotacos~\$8.25** 2 Soft flour tortillas topped with a bed of mixed field greens, battered fried avocado slices, and our watermelon radish pico de gallo.

**A La Carte Tacos served 2 ways!~\$3.00 each:**

**Tacos Gringo~**Warm, soft flour tortillas topped with your favorite grilled fillin', shredded lettuce, Jack & Cheddar cheese, and diced tomatoes, *OR*

**Tacos Mexicana~**Warm, soft corn tortillas topped with your favorite grilled fillin', diced yellow onions, and fresh cilantro. Served with a wedge of lime.

\*Add a side of beans, rice and sour cream to your tacos for \$2.75.

## **Dillas (quesadillas) & Other Stuff**

**Grilled Veggie Dilla~\$8.50** A grilled 10" flour tortilla filled with cheese, marinated and grilled portobellos, eggplant, zucchini & squash. Served with rice, beans, and sour cream on the side.

**Godzilladilla~\$9.50** A grilled 12" flour tortilla doublewided with your choice of Grilled Fillings and goodies. Served with rice, beans, and sour cream on the side.

**Stir Fry Bowl~\$8.50** Grilled green peppers & onions, shredded carrots, broccoli, mushrooms, and your choice of Grilled Fillings tossed in Teriyaki or Buffalo Teriyaki sauce and served over a bed of rice.

## **Specialty Burritos \$8.75 each**

**Flaming Amy~THE HOTTEST THING ON THE MENU!!** Chipotle peppers, fresh jalapeños, mild green chiles, lettuce, cheese, sour cream, rice, beans, Flaming Hot salsa, and your choice of Grilled Filling.

**Fajitarito~**Grilled green peppers & onions, lettuce, tomato, cheese, guacamole, sour cream, and your choice of Grilled Filling.

**Chipotle BBQ~**Grilled green peppers & onions, shredded carrots, cheese, rice, beans, our spicy Chipotle BBQ sauce, and choice of Grilled Filling.

**Bayou~**Our spicy Creole Jambalaya sauce with rice, beans, cheese, and your choice of Grilled Filling seasoned with Cajun spices.

**Big Jerk~**Roasted red peppers, cheese, rice, beans, sour cream, Pineapple Jalapeño salsa, and choice of Jamaican Jerk chicken or tofu.

**Thai Mee Up~**Roasted red peppers, red onions, shredded carrots, rice, beans, cheese, Thai Peanut sauce, and your choice of Grilled Filling.

**Wok on the Beach~**Roasted red peppers, shredded carrots, broccoli, mushrooms, rice, beans, cheese, Teriyaki sauce, and your choice of Grilled Filling.

**Philly Phatboy~**Grilled steak, green peppers & onions, mushrooms, lettuce, diced tomato, sour cream, and cheese.

**Tree Hugger~**Spinach, shredded carrots, rice, beans, cheese, lettuce, Traditional Tomato salsa, and grilled tofu.

**Double Bypass~**Lettuce, diced tomato, double cheese, double sour cream, and double seasoned ground beef.

**Veggie Deluxe~**Roasted red peppers, zucchini & squash, lettuce, diced tomatoes, cheese, Sun Dried Tomato dressing, marinated and grilled eggplant & portobellos.

**Baywatch~**Grilled Flounder, shrimp, lettuce, diced tomato, cheese, and our Hasslehoff Jalapeño Tartar sauce.

**Bacon Double Cheese Burgerito~**Lettuce, diced tomato, red onions, double cheese, bacon, seasoned ground beef, and our Super Secret Special sauce.

**Big Fat Greek~**Black olives, banana peppers, diced tomatoes, spinach, feta cheese, red onions, lettuce, your choice of Grilled Filling, and our Balsamic dressing.

**Fried Chicken (or Tofu)~**Lettuce, diced tomato, red onion, cheese, regular or Buffalo Style Fried Chicken or Fried Tofu and choice of dressing.

**Poboy~**Regular or Buffalo Style Fried Shrimp or Fried Tofu, cheese, and your choice of lettuce & tomato with Jalapeño Tartar sauce.

**Shrimp Makirito~**Cucumbers, carrots, spinach, rice, fried shrimp tossed in Teriyaki sauce, and our Wasabi Avocado salsa.

**Avocado Ranch Club~**Lettuce, diced tomato, cheese, grilled chicken, bacon, and Avocado Ranch dressing.

**Fried Avocado Burrito~**Battered and fried avocado slices, watermelon radish pico de gallo, shredded lettuce, cheese, and our avocado ranch dressing. May be served regular or Buffalo style.

## **Build Your Own**

### **Start with one of these:**

**Burrito~\$6.00** A warm flour tortilla stuffed with rice, beans, cheese, sour cream and Traditional Tomato salsa. Served with yellow corn tortilla chips on the side.

**Quesadilla~\$6.00** A grilled 10" flour tortilla filled with melted cheese. Served with rice, beans, and sour cream on the side.

**Big Ole Bowl~\$6.00** Your choice of beans or veggie chili served over a bed of rice, topped with jack & cheddar cheese. Sour cream on the side.

**Salad~\$6.00** Your choice of a bed of Iceberg & Romaine lettuce mix or Mixed Field Greens topped with diced tomatoes, carrots, cucumbers, and jack & cheddar cheese. Your choice of dressing on the side.

**Nachos~\$5.50** Yellow corn tortilla chips topped with melted Jack & Cheddar.

### **Then add one of these:**

#### **Grilled Fillings~\$2.50 each**

Chicken, Jerk chicken, Fajita Steak, Seasoned Ground Beef, Shredded Cuban Pork, Shrimp, Cajun Flounder, Tofu, Jerk Tofu, Portobellos.

#### **Fried Fillings~\$3.00 each**

Fried Shrimp, Fried Chicken, Fried Tofu, or Fried Avocado Slices (all can be served Regular or Buffalo style).

### **and maybe a couple of these "Goodies"~95 cents each**

Bacon, Banana Peppers, Broccoli, Carrots, Chipotle Peppers, Corn, Cucumbers, Green Peppers & Onions, Roasted Garlic, Guacamole, Jalapeños (fresh or pickled) Lettuce, Mild Green Chilies, Roasted Red Peppers, Mushrooms, Pineapple, Red Onions, Spinach, Diced Tomatoes, Feta, Black Olives, Sundried Tomatoes, Zucchini & Squash, Extra Sour Cream, Extra Cheese, Daiya Vegan Cheddar Shreds (\$1.25 for Nachos).

### **or DOUBLEWIDE IT! and get 50 cents off add**

One Grilled Filling and Two "Goodies" or  
One Fried Filling and One "Goodie" or  
Two Grilled Fillings or  
Four "Goodies".