

Salads \$7.50 each

All salads come with your choice of an Iceberg & Romaine mixture or Mixed Field Greens.

Fried Avocado Salad~Your choice of greens, topped with battered and fried avocado slices, watermelon radish pico de gallo, and crispy tortilla strips. Your choice of dressing served on the side.

Taco Salad~Crispy flour tortilla shell topped with a bed of lettuce, your choice of Grilled Filling, veggie chili, pickled jalapeños, diced tomatoes, and jack & cheddar cheese. Southwestern or Avocado Ranch on the side.

Crunchy Fried Salad~Lettuce, diced tomatoes, red onions, cucumbers, carrots, and your choice of Fried Filling. Topped with jack & cheddar cheese and tri-colored tortilla strips. Choice of dressing on the side.

Thai Peanut Salad~Lettuce, roasted red peppers, red onions, carrots, jack & cheddar cheese, and your choice of Grilled Filling topped with tri-colored tortilla strips. Thai Peanut sauce on the side.

Big Fat Greek Salad~Lettuce, black olives, banana peppers, diced tomatoes, red onions, and your choice of Grilled Filling topped with crumbled feta cheese. Greek Balsamic dressing on the side.

Jamaican Jerk Salad~Lettuce, roasted red peppers, dried banana chips, grilled pineapple, and your choice of Jerk Chicken or Jerk Tofu, topped with jack & cheddar cheese. Pineapple Jalapeño salsa on the side.

House-Made Dressings:

Southwestern Ranch, Chipotle Honey Mustard, Greek Balsamic, Avocado Ranch, Sun-Dried Tomato

Sweets 'n' Desserts

Bananas Elvis~\$5.99 A banana, peanut butter and chocolate chips rolled in a flour tortilla then deep fried 'til crispy. Served with vanilla Ice Cream and chocolate syrup.

Specialty Desserts from Coastal Cupcakes~\$2.75

Beverages

Soft Drinks & Iced Tea~\$1.99~Free refills!

IBC Root Beer & FAB bottled water \$1.99 each.

Cold bottles & draft beer by the pitcher or pint.

Please Also Visit...

Flaming Amys Burrito Barn
140-A North Lake Park Blvd., Carolina Beach, NC
(910) 458-2563

www.flamingamysburritobarn.com

and



(Build your own, all you can eat stir fry)

Flaming Amy's Bowl

4418 Shipyard Blvd. Wilmington, NC
(910) 399-7288

Flaming Amy's Bowl

3224-A North College Rd. Wilmington, NC
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www.flamingamysbowl.com

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Chips 'n' Dips

Chips 'n' Salsa Bar~\$2.99

Enjoy a bottomless basket of yellow corn tortilla chips with your meal and visit our one of kind salsa bar with all 9 of our famous fresh salsas!

Traditional Tomato, Black Bean & Corn, Flaming Hot, Asian Cucumber, Wasabi Avocado, Green Tomatillo, Chipotle Tomatillo, Ginger Peach, & Pineapple Jalapeño.

Chips 'n' Queso Dip~ 3oz \$1.99/8oz \$4.50

Chips 'n' Spicy Black Bean Queso Dip~\$4.50

Chips & New Improved Guacamole!~\$4.99

We went back to basics and stripped our guac down for a cleaner, fresher taste. Just avocado, kosher salt, lime juice, diced red onions and fresh cilantro!

Nacho Platters

Nacho Daddy~\$7.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, sliced pickled jalapeños, veggie chili OR beans, shredded lettuce, Traditional Tomato salsa, and a side of sour cream.

Nacho Carnivore~\$7.75 Yellow corn tortilla chips topped with melted Jack & Cheddar, seasoned ground beef, red onions, diced tomatoes, and a side of sour cream.

Thai Nachos~\$8.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, diced red onions, roasted red peppers, shredded carrots, your choice of Grilled Chicken or Tofu, and our spicy Thai Peanut sauce.

BBQ Chicken Nachos~\$8.50 Yellow corn tortilla chips topped with melted Jack & Cheddar, red onions, diced tomatoes, bacon, Grilled Chicken, and our spicy Chipotle BBQ sauce.

Soft Tacos

Avotacos~\$7.50 2 Soft flour tortillas topped with a bed of mixed field greens, battered fried avocado slices, and our watermelon radish pico de gallo.

A La Carte Tacos served 2 ways!~\$2.50 each:

Tacos Gringo~Warm, soft flour tortillas topped with your favorite grilled fillin', shredded lettuce, Jack & Cheddar cheese, and diced tomatoes, *OR*

Tacos Mexicana~Warm, soft corn tortillas topped with your favorite grilled fillin', diced yellow onions, and fresh cilantro. Served with a wedge of lime.

Add a side of beans, rice and sour cream to your tacos for just \$2.50.

Dillas (quesadillas) & Other Stuff

Grilled Veggie Dilla~\$7.99 A grilled 10" flour tortilla filled with cheese, marinated and grilled portabellas, eggplant, zucchini & squash. Served with rice, beans, and sour cream on the side.

Godzilladilla~\$8.99 A grilled 12" flour tortilla doublewided with your choice of Grilled Fillings and goodies. Served with rice, beans, and sour cream on the side.

Stir Fry Bowl~\$7.99 Grilled green peppers & onions, shredded carrots, broccoli, mushrooms, and your choice of Grilled Fillings tossed in Teriyaki or Buffalo Teriyaki sauce and served over a bed of rice.

Specialty Burritos \$7.99 each

Flaming Amy~THE HOTTEST THING ON THE MENU!! Chipotle peppers, fresh jalapeños, mild green chiles, lettuce, cheese, sour cream, rice, beans, Flaming Hot salsa, and your choice of Grilled Filling.

Fajitarito~Grilled green peppers & onions, lettuce, tomato, cheese, guacamole, sour cream, and your choice of Grilled Filling.

Chipotle BBQ~Grilled green peppers & onions, shredded carrots, cheese, rice, beans, our spicy Chipotle BBQ sauce, and choice of Grilled Filling.

Bayou~Our spicy Creole Jambalaya sauce with rice, beans, cheese, and your choice of Grilled Filling seasoned with Cajun spices.

Big Jerk~Roasted red peppers, cheese, rice, beans, sour cream, Pineapple Jalapeño salsa, and choice of Jamaican Jerk chicken or tofu.

Thai Mee Up~Roasted red peppers, red onions, shredded carrots, rice, beans, cheese, Thai Peanut sauce, and your choice of Grilled Filling.

Wok on the Beach~Roasted red peppers, shredded carrots, broccoli, mushrooms, rice, beans, cheese, Teriyaki sauce, and your choice of Grilled Filling.

Philly Phatboy~Grilled steak, green peppers & onions, mushrooms, lettuce, diced tomato, sour cream, and cheese.

Tree Hugger~Spinach, shredded carrots, rice, beans, cheese, lettuce, Traditional Tomato salsa, and grilled tofu.

Double Bypass~Lettuce, diced tomato, double cheese, double sour cream, and double seasoned ground beef.

Veggie Deluxe~Roasted red peppers, zucchini & squash, lettuce, diced tomatoes, cheese, Sun Dried Tomato dressing, marinated and grilled eggplant & portabellas.

Baywatch~Grilled Flounder, shrimp, lettuce, diced tomato, cheese, and our Hasslehoff Jalapeño Tartar sauce.

Bacon Double Cheese Burgerito~Lettuce, diced tomato, red onions, double cheese, bacon, seasoned ground beef, and our Super Secret Special sauce.

Big Fat Greek~Black olives, banana peppers, diced tomatoes, spinach, feta cheese, red onions, lettuce, your choice of Grilled Filling, and our Balsamic dressing.

Fried Chicken (or Tofu)~Lettuce, diced tomato, red onion, cheese, regular or Buffalo Style Fried Chicken or Fried Tofu and choice of dressing.

Poboy~Regular or Buffalo Style Fried Shrimp or Fried Tofu, cheese, and your choice of lettuce & tomato with Jalapeño Tartar sauce or spicy Sriracha Slaw.

Shrimp Makirito~Cucumbers, carrots, spinach, rice, fried shrimp tossed in Teriyaki sauce, and our Wasabi Avocado salsa.

Avocado Ranch Club~Lettuce, diced tomato, cheese, grilled chicken, bacon, and Avocado Ranch dressing.

Fried Avocado Burrito~Battered and fried avocado slices, watermelon radish pico de gallo, shredded lettuce, cheese, and our avocado ranch dressing. May be served regular or Buffalo style.

Build Your Own

Start with one of these:

Burrito~\$5.25 A warm flour tortilla stuffed with rice, beans, cheese, sour cream and Traditional Tomato salsa. Served with yellow corn tortilla chips on the side.

Quesadilla~\$5.25 A grilled 10" flour tortilla filled with melted cheese. Served with rice, beans, and sour cream on the side.

Nachos~\$4.99 Yellow corn tortilla chips topped with melted jack & cheddar cheese.

Big Ole Bowl~\$5.25 Your choice of beans or veggie chili served over a bed of rice, topped with jack & cheddar cheese. Sour cream on the side.

Salad~\$5.25 Your choice of a bed of Iceberg & Romaine lettuce mix or Mixed Field Greens topped with diced tomatoes, carrots, cucumbers, and jack & cheddar cheese. Your choice of dressing on the side.

Then add one of these:

Fried Fillings~\$2.25 each

Fried Shrimp, Fried Chicken, Fried Tofu, or Fried Avocado Slices (all can be served Regular or Buffalo style).

Grilled Fillings~\$1.99 each

Chicken, Jerk chicken, Fajita Steak, Seasoned Ground Beef, Shredded Cuban Pork, Shrimp, Cajun Flounder, Tofu, Jerk Tofu, Portobellos.

and maybe a couple of these "Goodies"~75 cents each

Bacon, Banana Peppers, Broccoli, Carrots, Chipotle Peppers, Corn, Cucumbers, Green Peppers & Onions, Roasted Garlic, Guacamole, Jalapeños (fresh or pickled) Lettuce, Mild Green Chilies, Roasted Red Peppers, Mushrooms, Pineapple, Red Onions, Spinach, Diced Tomatoes, Extra Sour Cream, Extra Cheese.

or DOUBLEWIDE IT!~\$2.99

add

One Grilled Filling and Two "Goodies" *or*
One Fried Filling and One "Goodie" *or*
Two Grilled Fillings *or*
Four "Goodies".

Daiya Vegan Cheddar Shreds can be substituted for regular cheese on any menu item for 50 cents.